

# A great day



*Sharon Evans instructs her pilates class at the world's biggest event.*

*More than 2000 people turned up to take part in the World's Biggest Pilates Day on Manly Beach.*



MORE than 2000 people attended the World's Biggest Pilates Day at Manly Beach on May 7.

Organised by Sharon and Neil Evans, proceeds from the day went to Variety, The Children's Charity.

Sharon, who is a fitness instructor at North Balgowlah, said \$3,000 had been raised.

The money will be used to purchase special equipment

that includes wheelchairs, modified tricycles, musical equipment, sports programs, special needs children's camps, Sunshine Coaches, Braille typewriters, walkers and the innovative Liberty Wheelchair Swings.

Celebrities that turned up on the day were Australian fast bowler Nathan Bracken, former Socceroo Robbie Slater, Graham Arnold and many of the Sea Eagles rugby league team.

# Max goes to Diggers

THE stars of Channel Nine's children's television show, MacDonal'd's Farm, will be at Harbord Diggers Club on Friday, June 9.

And children from across the northern beaches are invited to drop in on Max and Milly and say hi, as they tell their audience a story.

The story starts when Max is sick of working so hard all day on the farm.

There has to be an easier way, he thinks. So, after reading a book on inventions Max decides, with his friend

Professor Fixit, to make some great big new inventions that will make the farm work a lot more efficient, so he can have more time to relax!

Join Max, Milly, Professor Fixit, Henry the Horse, Shirley the Sheep and Percy the Pig as Max tries to make life on the farm a lot easier, but creates a whole mess of trouble for everyone.

The show starts at 10.30am and 1.30am.

Details/bookings: 9938 7617.

# Gallery good food

IF YOU seek consistently good food and impeccable service when choosing a restaurant, you need to go to The Gallery Brasserie in Seaforth.

The Gallery has been offering its customers these values coupled with fine food for the past 11-years, under the professional hand of its owner, Dianne Lee.

The Gallery serves delicious all day breakfasts and exciting specials are always on the seasonal blackboard. The extensive house menu

also includes a range of gourmet wraps, sandwiches, burgers, salads and melts.

It is also the perfect venue for any social or professional occasion. And, there is no hire fee for functions under four hours.

Visit: The Gallery Brasserie at 'the round-about', 565 Sydney Road, Seaforth.

Open 8pm to 5.30pm Monday to Friday, 8am to 4.30pm Saturdays and 9am to 3.30pm Sundays.

Bookings are advisable, call 9949 6815.