

Spice up life for Variety

Sharon Evans has teamed up with some local celebrities to bring you the second annual World's Biggest Pilates Class

SHARON and Neil Evans have organised the second annual World's Biggest Pilates Class on Manly Beach, and they want you and your family to be a part of it.

"So many families do not plan outings together, family time is cut to a minimum and so much is being lost.

"We love to go out with our two daughters and thought a day at the beach, filled with fun pilates competitions, celebrities, and great prizes would get other families interested in coming along."

Celebrities expected on the day are Australian fast bowler Nathan Bracken, former Socceroos Robbie Slater, Graham Arnold and many of the Manly Sea Eagle rugby league team are expected to turn up.

Sharon said she hoped to raise "quite a few thousand" on the day, and that all profit would go to Variety, The Children's Charity.

Sharon, who is a fitness instructor at North Balgolah and a former Beauty

and the Beast panelist, said she had chosen Variety as the benefiting charity because it helped improve the quality of life of special needs children.

"Children in need benefit directly from Variety's wonderful services and special equipment that includes wheelchairs, modified tri-cycles, musical equipment, sports programs, special needs children's camps, Sunshine Coaches, Braille typewriters, walkers and more recently the innovative Liberty Wheelchair Swings."

And, you can help Variety by coming to Manly Beach on Sunday, May 7 to join in the World's Biggest Pilates Class.

The entry fee is \$15 per person or \$25 per family. Registration is from 8.30am, and the class will begin at 10am.

Alternatively, you can pre-register or receive more information by contacting Sharon Evans on 9907 7145 or 0410 687 144 or by emailing jodie@varietyclubs.com.au.

