



Graham Arnold and Sharon Evans.

## World's biggest Pilates class returns to Manly

FOLLOWING the success of last year's event, the World's Biggest Pilates Class will make its return to Manly's ocean beach on Sunday, May 7.

Pilates instructor and personal motivator Sharon Evans, of North Balgowlah, is holding this year's event to raise money for Variety, the Children's Charity.

She's roped in some sports celebrities to help out with the class, including former Socceroos Graham Arnold and Robbie Slater, Sydney Football Club's Steve Corica and Australian fast bowler Nathan Bracken.

Sharon's husband, Neil Evans, Fox Sports' chief football presenter, will emcee the event.

The class is aimed at families and children to encourage them to participate in healthy activities together.

"This year's event will be more aimed at children," Mrs Evans said.

"It's getting kids to realise they can make a difference by active participation. We know the work variety does for kids."

People can turn up from 8.30am for an individual (\$12) or family ticket (\$25), and each one comes with a memento of the day.